

RevitaliseU Kent

Well - Being at Work



RevitaliseU-Kent are coming to the
Innovation Centre Medway
to provide staff well-being treatments!

Friday 9th June 2017
10:00am - 2:00pm In Room G5
Just turn up no booking required !

Indian Head Massage

No oil is used, so your hair will not be messed up. Relax and feel tension melt away while Laura works on your head, neck and shoulders.

20 minutes £12.50

40 minutes £24.00

Cash only

Foot Reflexology

Feet cleansed and a balm is used to massage those aching feet. Jo will work on those reflex points to help your body rebalance.

Seated Massage

Remain fully clothed and relax in our ergonomic chair. Perfect treatment to help release tension in your back neck and shoulders.

Further services we provide:

Display Screen Desk Assessments (DSE)
Well-Being Day/Events

Jo Taylor - 07554 848380

Laura Kennard - 07889940610

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www.revitaliseu-kent.co.uk